

Media Questions

What prompted you to begin writing and speaking about creating positive change in people's lives?

Describe how you are different from any other motivational speaker?

How did you develop the concept of *8 to Great*?

What are the most interesting stories or revelations that people have shared with you after hearing you speak or reading your book.

Men and women approach change in their lives in very different ways. How did you write this book to appeal to both?

What do you say to those who might be skeptical of this kind of process?

Describe what an average day in your world is like.

What would you be if you weren't doing this job and why?

How have you dealt with adversity?

Have you set specific goals for yourself in terms of what success would mean to you and have you reached them?